

## SHOE WITH FOOT MASSAGING SOLE

### ABSTRACT OF THE DISCLOSURE

A shoe (10) comprising a sole (12) which is provided, in its heel (13), with a tank (14) in which pressurized air is accumulated by means of a  
5 pump (15) actuated by the heel of the foot during normal walking. The shoe is provided with a foot supporting insole (33), which is provided with a plurality of holes (32) in which a plurality of studs (31) move at right angles to the ground; the studs are associated with an elastic chamber (22, 23, 24), which is connected to the air tank with the interposition of a discharge valve  
10 (18), which acts when the pressure inside the tank has reached a preset value; the studs accordingly act impulsively against the sole of the foot at preset intervals.

(Figure 4)